

REPORT TO THE BEHAVIORAL HEALTH OVERSIGHT COMMISSION

December 9, 2005

NEBRASKA HEALTH AND HUMAN
SERVICES SYSTEM

NEBRASKA HEALTH AND HUMAN SERVICES SYSTEM



AGENDA

1. BEHAVIORAL HEALTH SYSTEM PERFORMANCE

- **EPC Admissions**
- **Inpatient Services**
- **Community Services**

2. MEDICAID

BEHAVIORAL HEALTH SYSTEM PERFORMANCE

- **EPC Admissions**

EPC Admissions by Region

FY02, FY03, FY04, FY05, Q1 FY06

Region	FY02	FY03	FY04	FY05	Q1 FY06
Region 1	269	221	231	245 *	52
Region 2	169	155	153	154	46
Region 3	543	550	520	510	147
Region 4	646	496	496	451	119
Region 5	744	834	798	850	239
Region 6	559	457	403	452	78
Total	2930	2713	2601	2662	681

*Will be updated
each quarter*

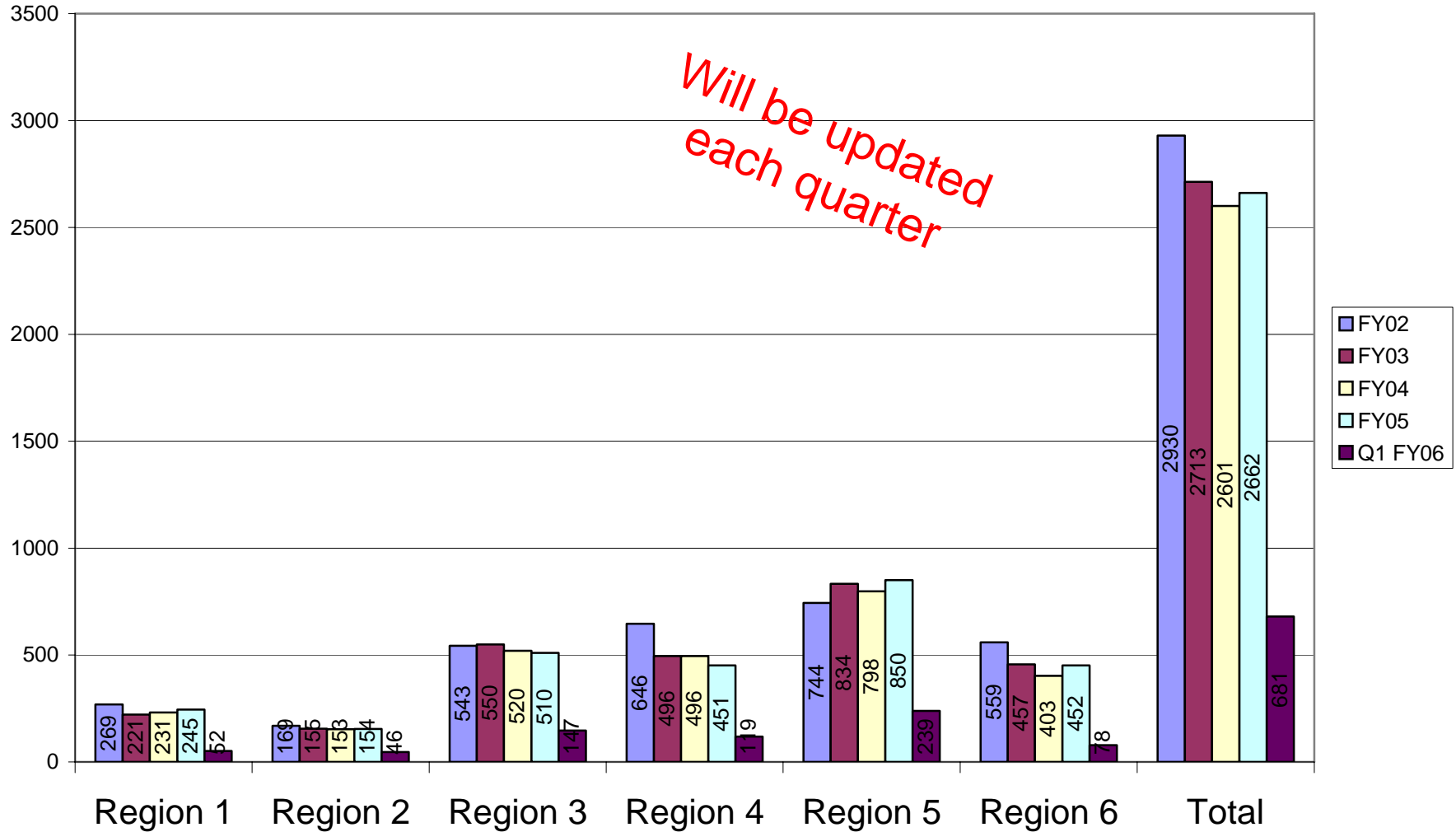
Data Source: Regional Administration and Magellan Behavioral Health

FY05 Data Run Date: Oct 7, 2005

* FY 04 Amended by Region 1 to reflect full year data.

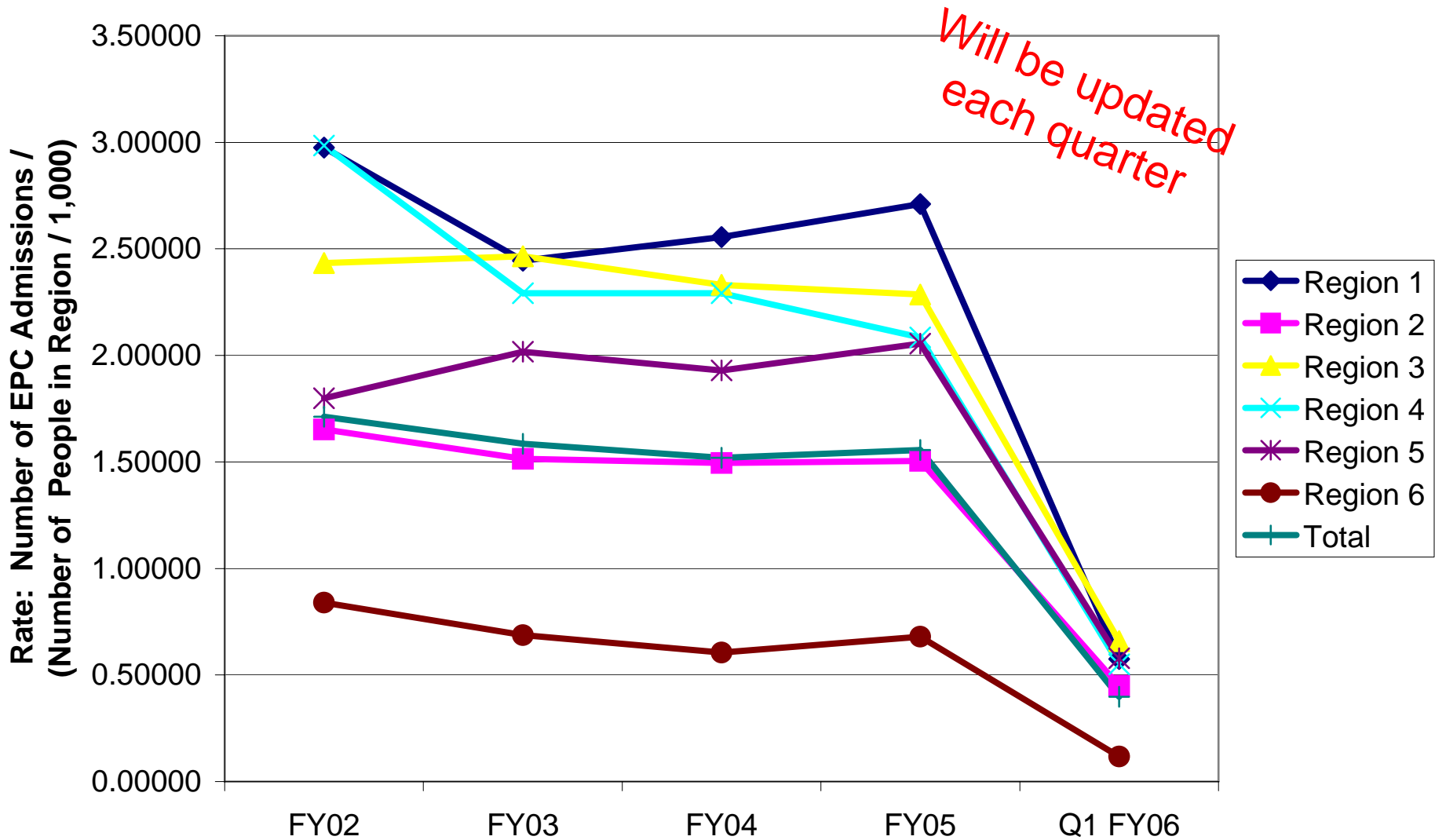
** FY 05 Amended by Region 1 - Double data entry of admissions being corrected

EPC Admissions by Region



EPC Admissions Per 1,000 People in Region

Population Determined by Official Census 2000



INPATIENT SERVICES REGIONAL CENTER DATA

- MHB Commitments – RC “Reform” Units by Fiscal Year
- MHB Commitments –RC “Reform” Units by Month
- Wait Lists – RC
- Admissions / Census – “Reform” Units
- Discharge Living Arrangements – “Reform” Units

Mental Health Board Commitment Admissions to Behavioral Health Reform Units* by Region

Excludes Adolescent, Forensic and Sex Offender Units

FY02, FY03, FY04, FY05, Q1 FY06

Region	FY02	FY03	FY04	FY05	Q1 FY06
Region 1	50	54	40	7	0
Region 2	74	40	35	32	9
Region 3	241	179	140	129	43
Region 4	39	69	80	76	13
Region 5	205	216	172	155	49
Region 6	262	274	274	227	65
Total	871	832	741	626	179

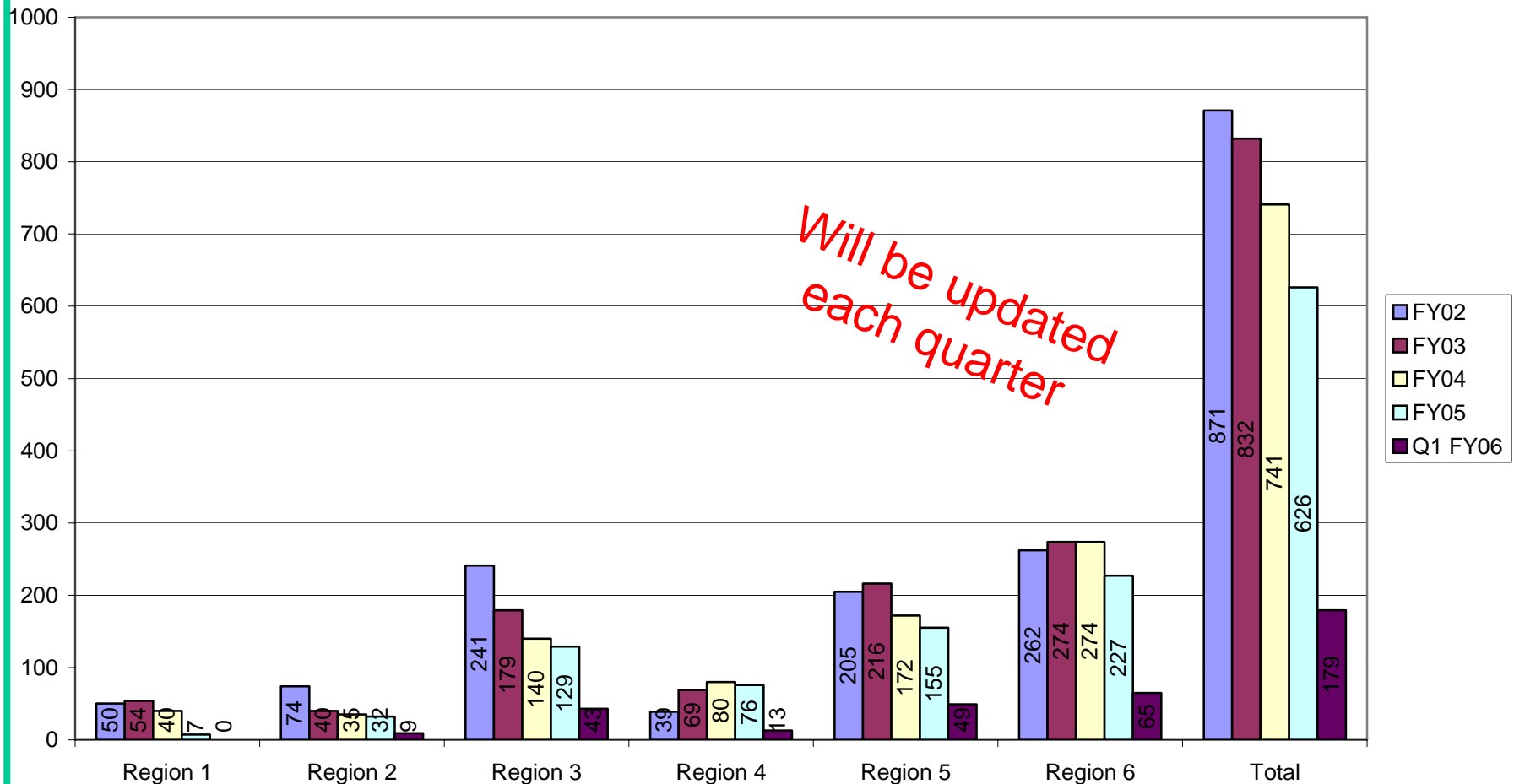
Data Source: AIMS

* Behavioral Health Reform Units includes inpatient and residential units at LRC, NRC, and HRC, but excludes Adolescent, Forensic and Sex Offender units

*Will be updated
each quarter*

Mental Health Board Commitment Admissions to Behavioral Health Reform Units by Region

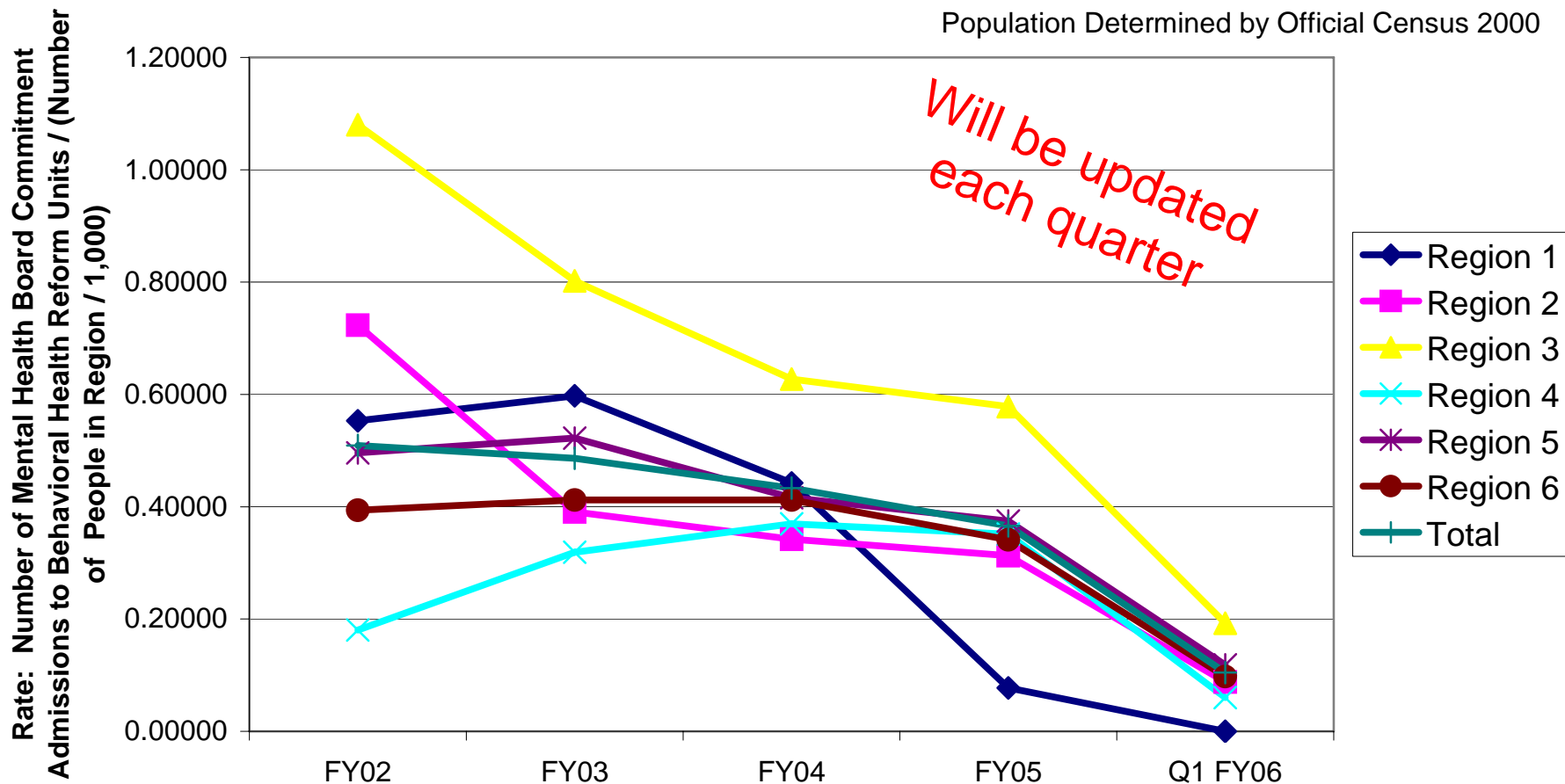
Excludes Adolescent, Forensic and Sex Offender Units



Mental Health Board Commitment Admissions to Behavioral Health Reform Units per 1,000 People in Region

Excludes Adolescent, Forensic and Sex Offender Units

Population Determined by Official Census 2000

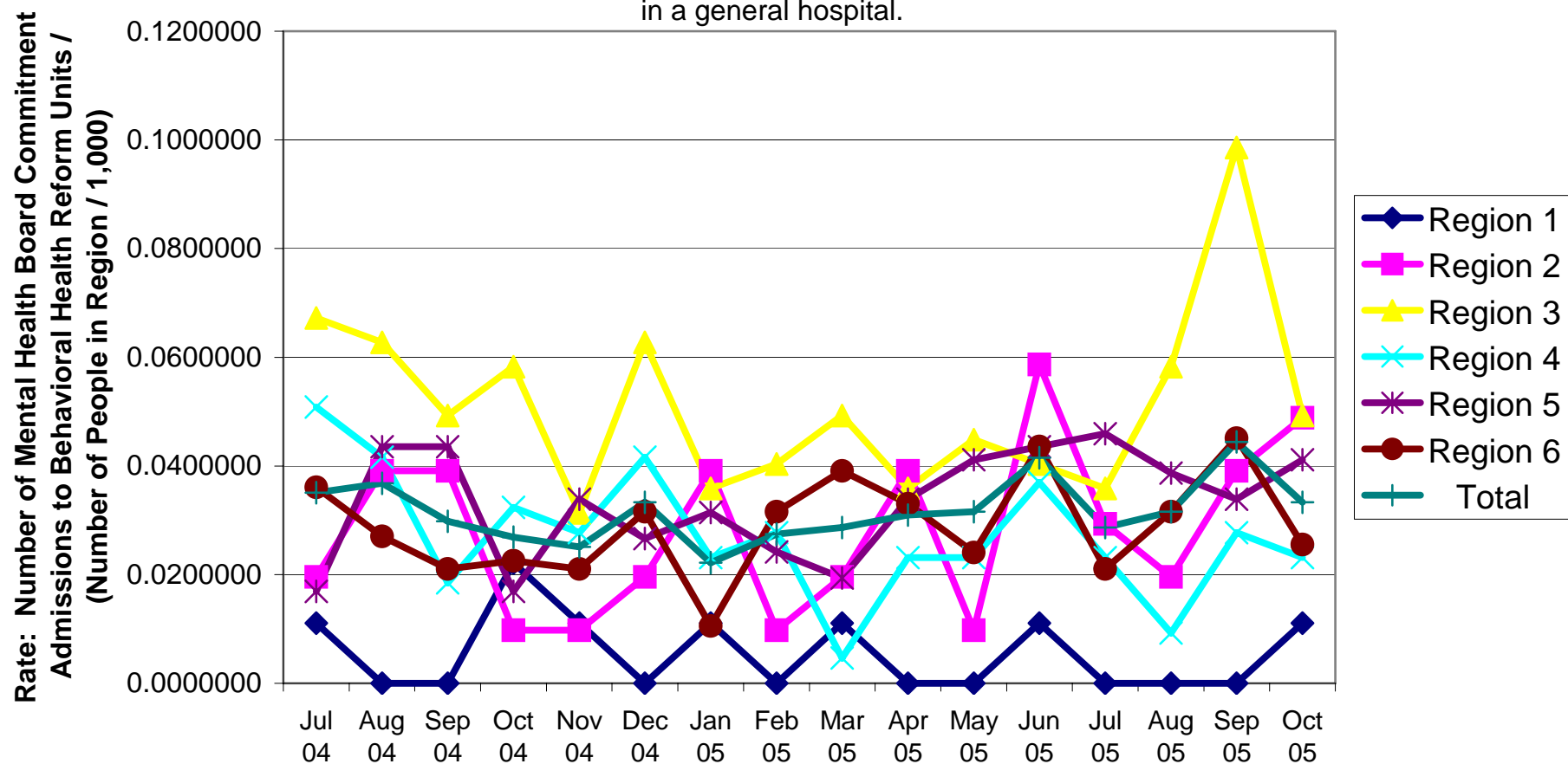


Population Determined by Official Census 2000

Monthly Mental Health Board Commitment Admissions to Behavioral Health Reform Units per 1,000 People in Region

Excludes Adolescent, Forensic and Sex Offender Units

Does not include transfers or referrals between regional centers and persons returning from treatment in a general hospital.



Regional Center Waiting List

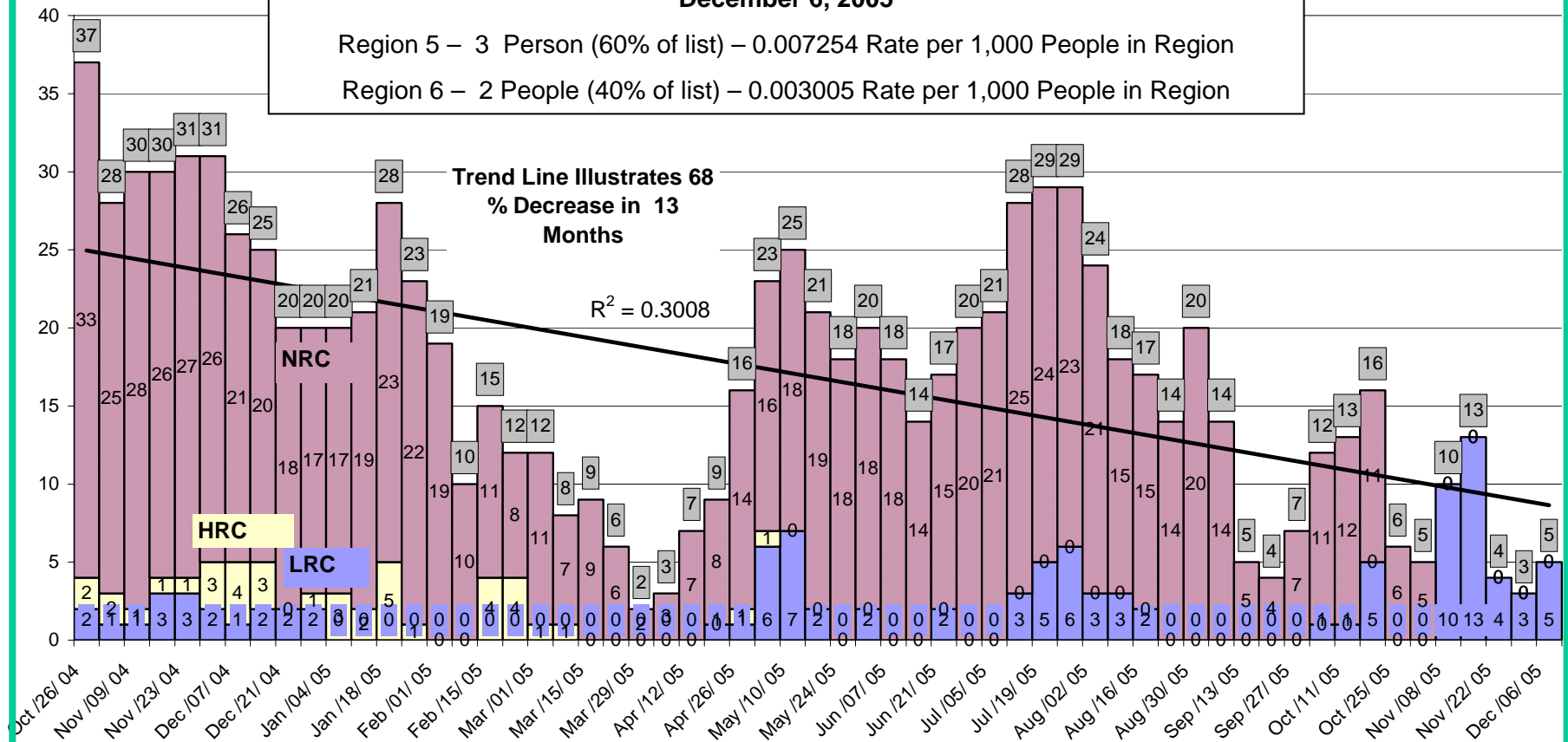
December 6, 2005

Region 5 – 3 Person (60% of list) – 0.007254 Rate per 1,000 People in Region

Region 6 – 2 People (40% of list) – 0.003005 Rate per 1,000 People in Region

Trend Line Illustrates 68
% Decrease in 13
Months

$$R^2 = 0.3008$$



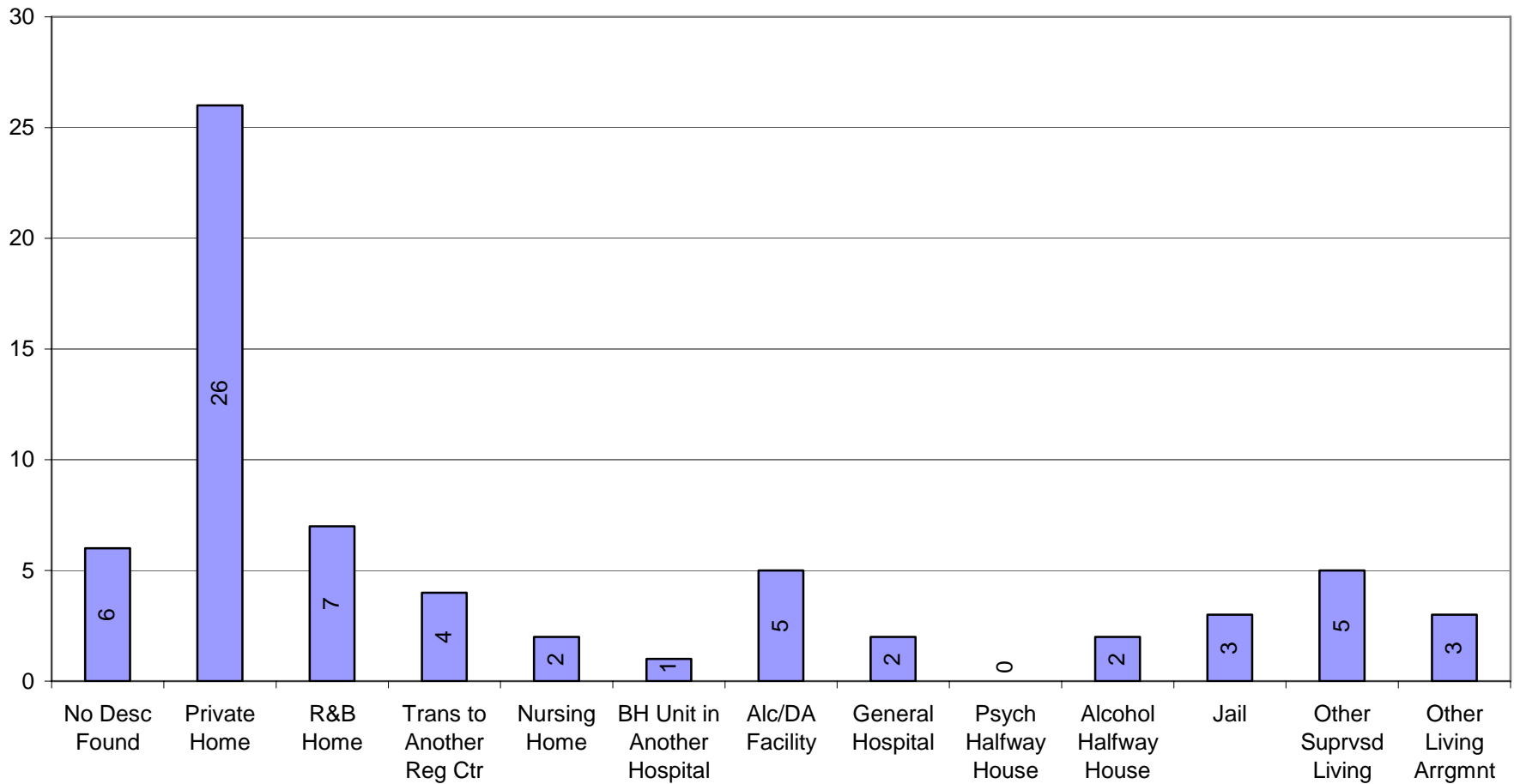
Regional Center Census –October 31, 2005

Excludes: Adolescent, Forensic and Sex Offender Units

Regional Center	Admissions	Census
Hastings Regional Center		
Residential Rehab	11	26
Lincoln Regional Center		
Short Term Care	17	43
Community Transition	0	39
Norfolk Regional Center		
Geriatric Medical – 1W	0	33
SPMI, Male – 2E	2	37
SPMI, Mixed – 3E	0	36
Transition / Rehabilitation – 2W	0	36
Admissions – 3W	22	36
TOTAL	52	286

October Discharge Living Arrangements from Behavioral Health Reform Units

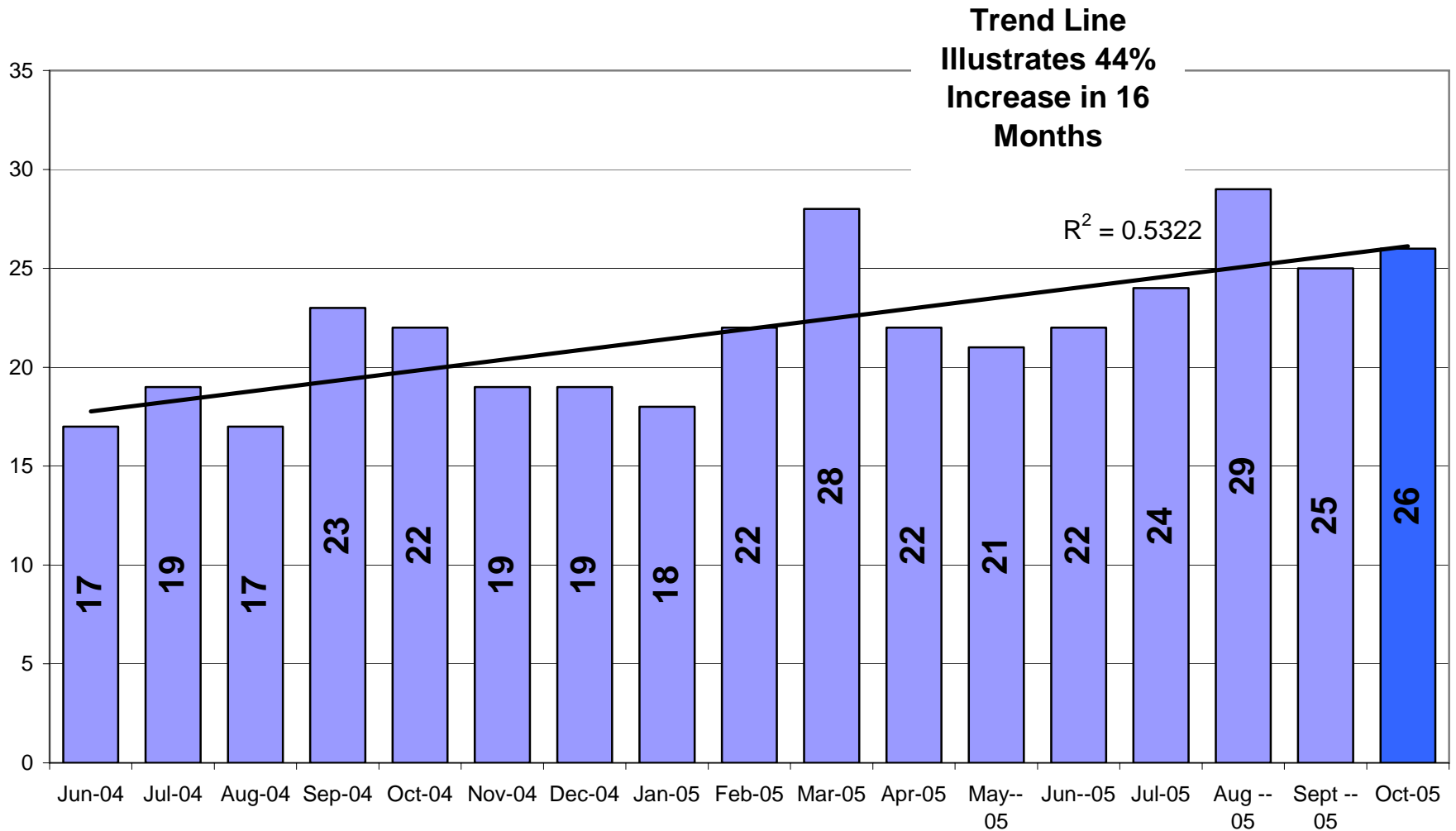
Excludes: Adolescent, Forensic, and Sex Offender Units



Community Services

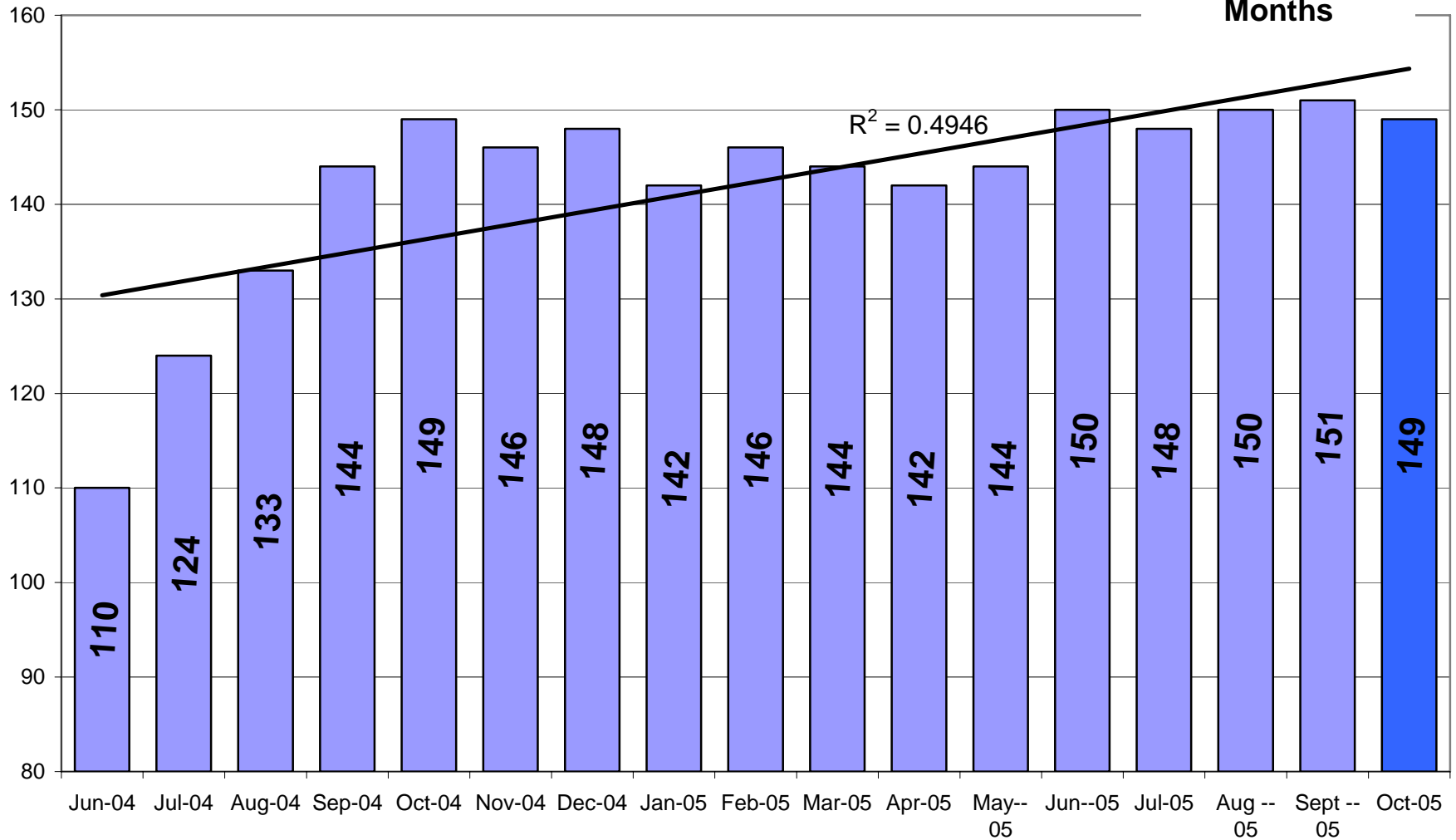
- Development of Community-based Services
 - Progress Reports
- Number of People Served
 - Dual Residential – 44% Increase
 - Assertive Community Treatment – 18% Increase
 - Community Support - Mental Health – 23% Increase
 - Community Support - Substance Abuse – 24% Increase
 - Short Term Residential – 12% Increase
 - Day Rehabilitation – 8% Increase
 - Psychiatric Residential Rehabilitation – 15% Increase
 - Total People Served (Duplicated) in Community Services – 17% Increase

People Served Per Month in Dual Residential Services

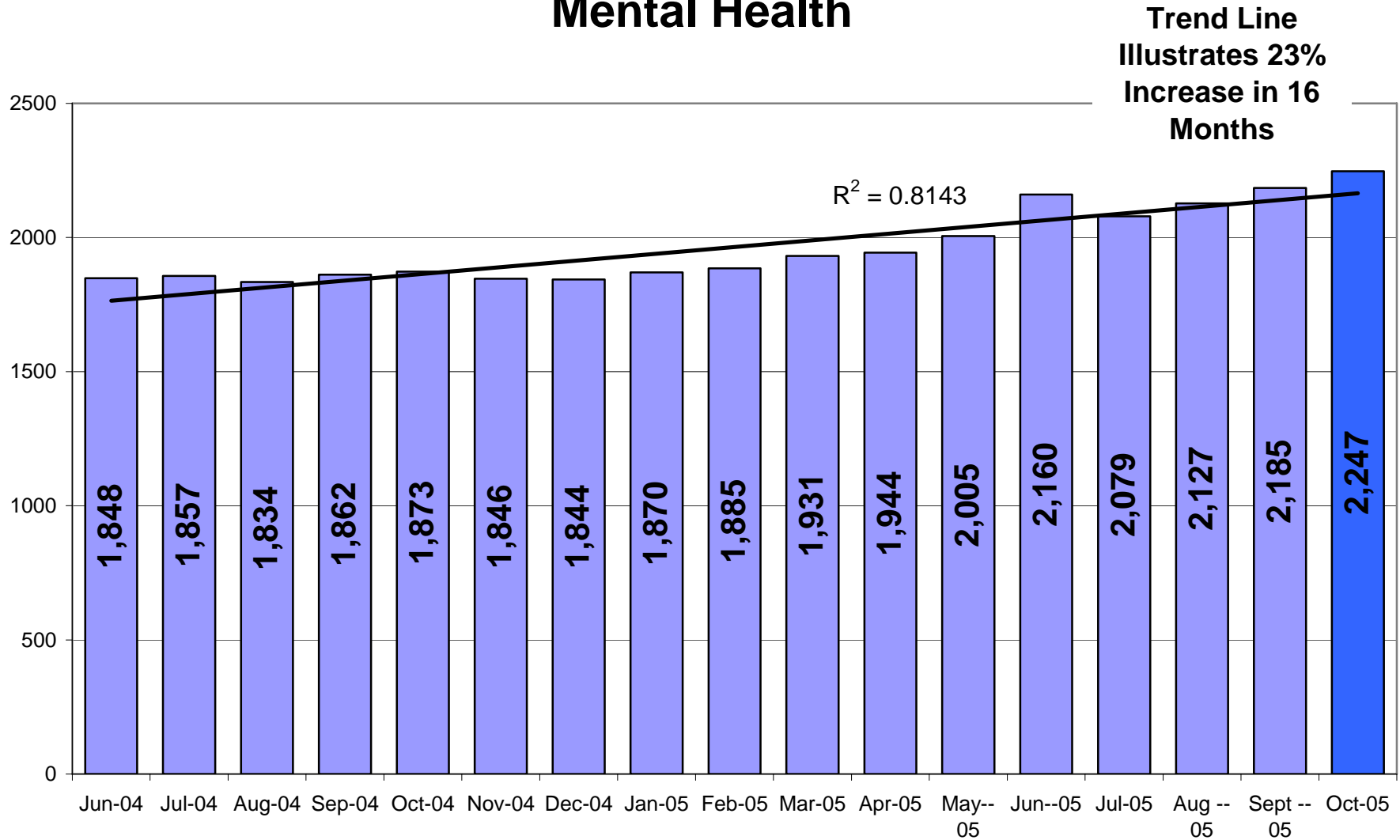


People Served Per Month in ACT

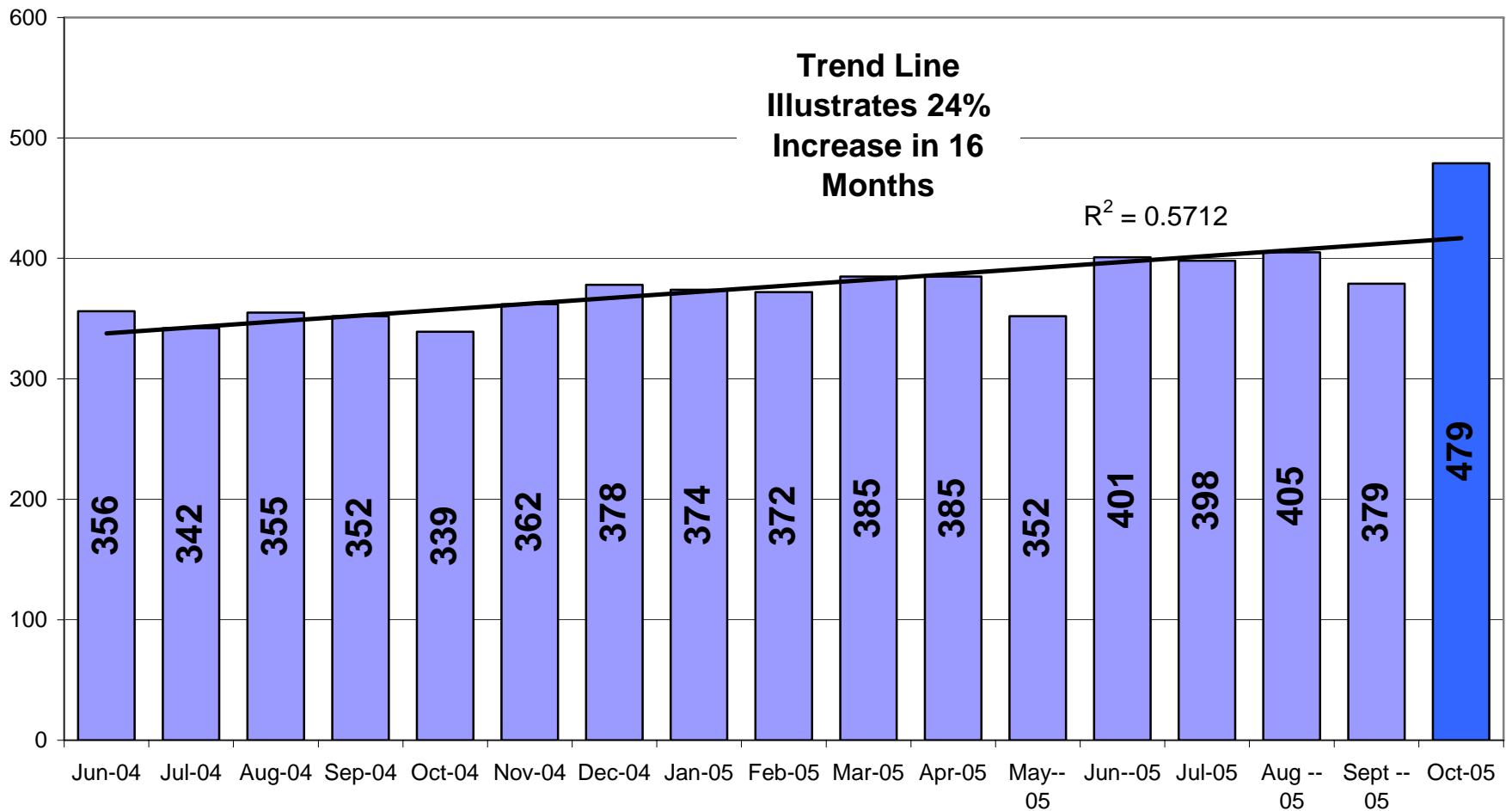
Trend Line
Illustrates 18%
Increase in 16
Months



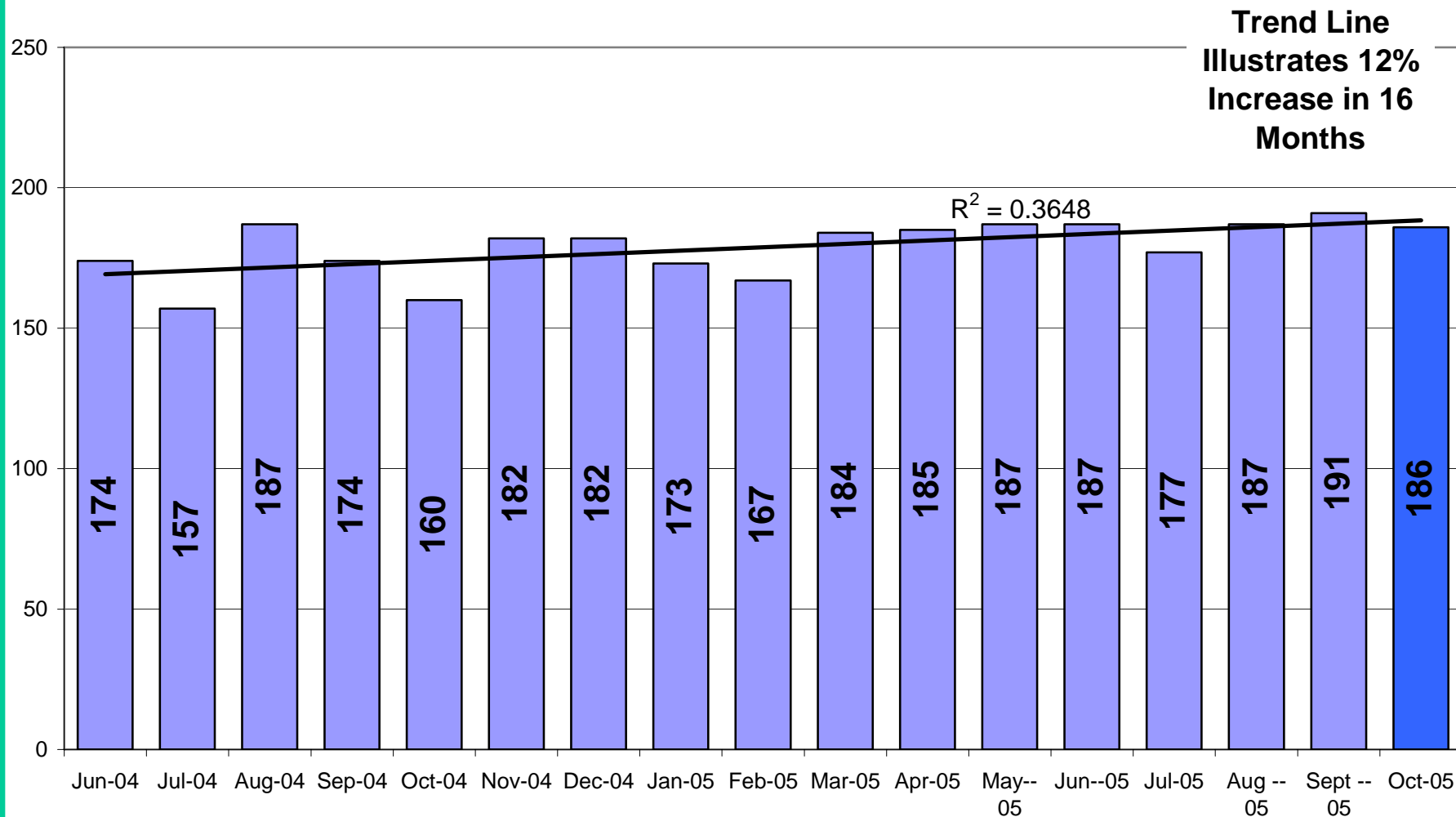
People Served Per Month in Community Support - Mental Health



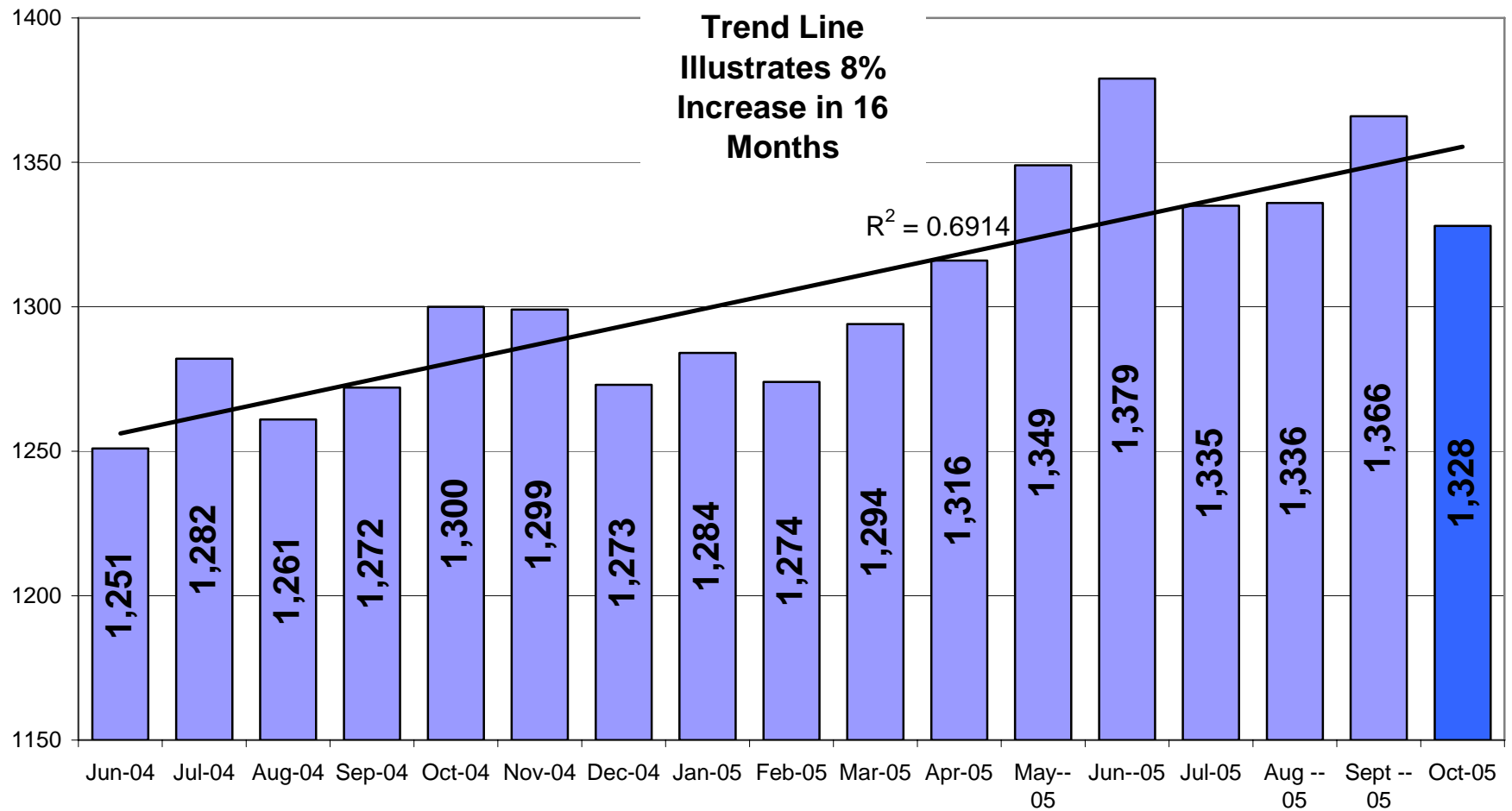
People Served Per Month in Community Support - Substance Abuse



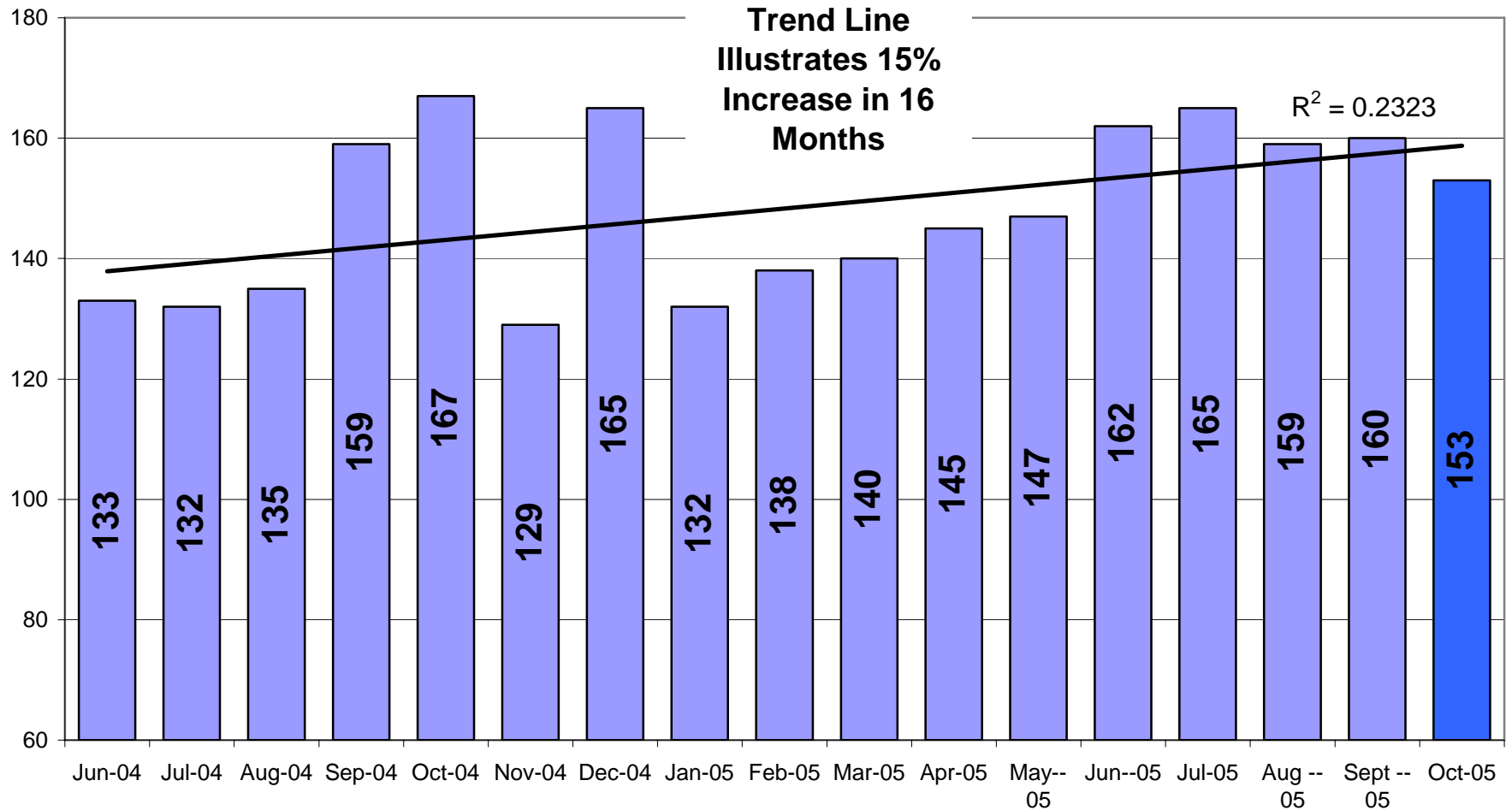
People Served Per Month in Short Term Residential



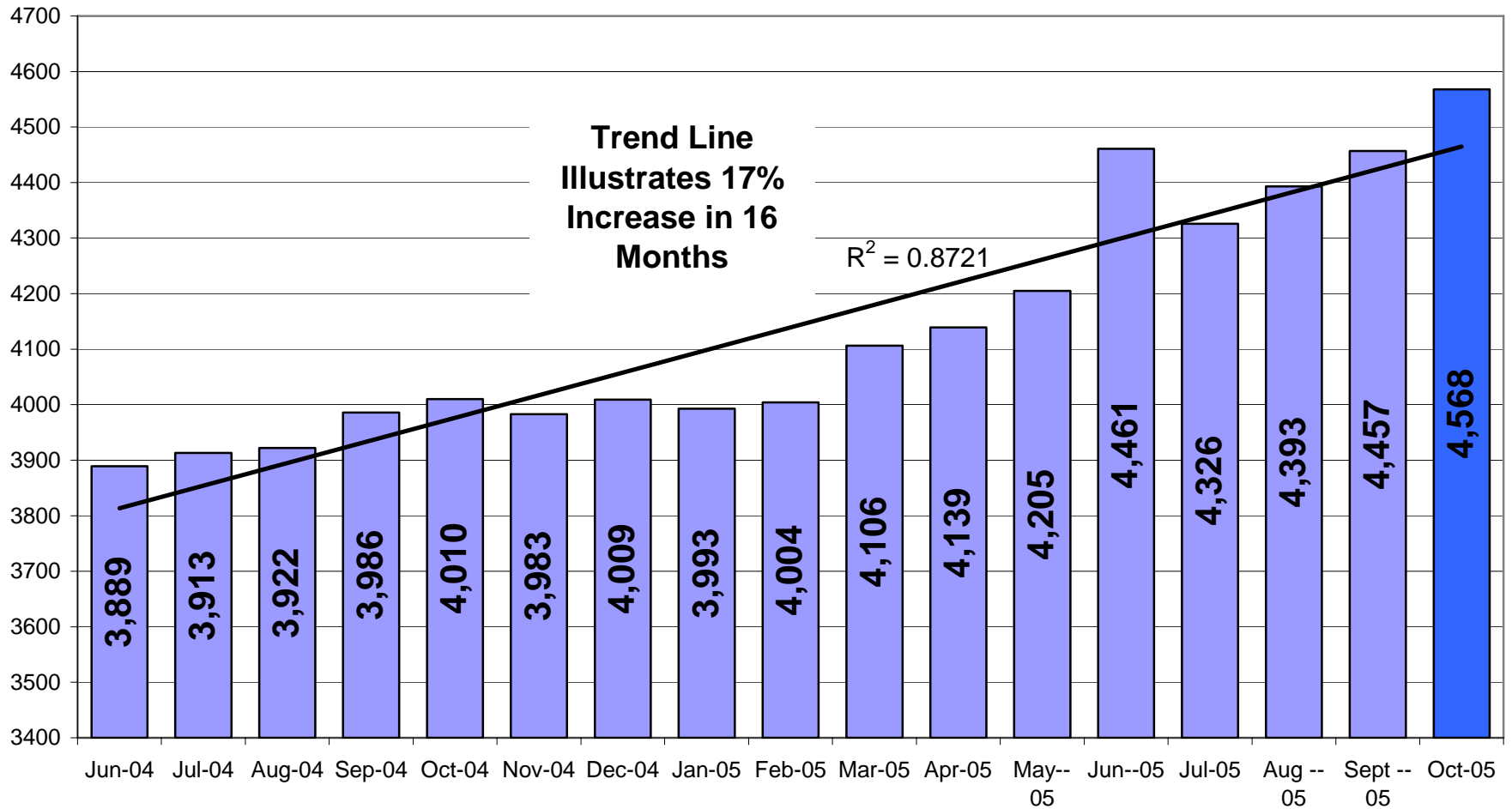
People Served Per Month in Day Rehabilitation Services



People Served Per Month in Psychiatric Residential Rehabilitation



Total People Served (Duplicated) Per Month in Community Services



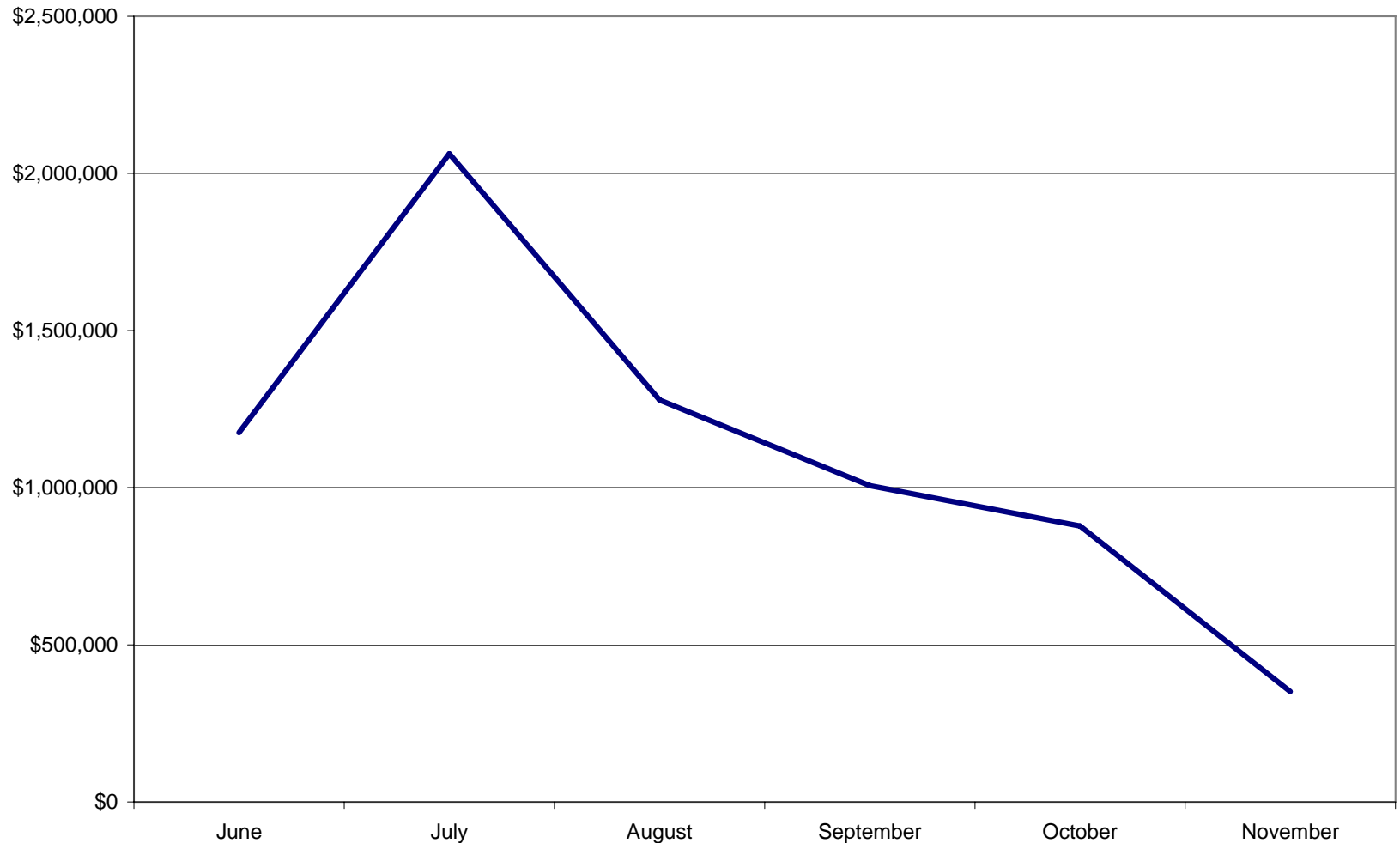
Nebraska Medicaid Expenditures for MRO and ASA - Claims Paid November 2005

	Net Amount Paid	Total Units	Average # of Days Receipt of Claim to Payment
MRO			
Community Support	\$0	95 months	14.8
Day Rehab	\$197,171	46,731 days	27.9
Residential Rehab	\$90,084	915 days	17.6
Assertive Community Treatment	\$64,183	2,004 days	13.6
Subtotal	\$351,438		23.8
Adult Substance Abuse			
Alcohol/Drug Assessment	\$2,011	16 assessments	15.3
Community Support	\$3,727	32 days	38.8
Detox	\$0	7 days	12.3
Family Therapy	\$0	0 hours	N/A
Group Therapy	\$2,040	112 hours	13.2
Individual Therapy	\$4,096	95 hours	17.9
Intensive Outpatient	\$2,459	273 hours	22.4
Long-Term Residential	\$2,387	20 days	17.0
Short-Term Residential	\$30,067	213 days	18.5
Subtotal	\$46,786		20.8

Nebraska Medicaid Expenditures for MRO and ASA - Claims Paid November 2005 By Region

	Region						
	1	2	3	4	5	6	Total
MRO							
Assertive Community Treatment	\$0	\$0	\$63,864	\$0	\$0	\$319	\$64,183
Community Support	\$0	\$0	\$0	\$0	\$0	\$0	\$0
Day Rehab	\$13,179	\$2,095	\$65,083	\$64,852	\$31,158	\$20,803	\$197,171
Residential Rehab	\$0	\$0	\$24,215	\$35,974	\$29,795	\$100	\$90,084
Subtotal	\$13,179	\$2,095	\$153,163	\$100,826	\$60,954	\$21,222	\$351,438
Adult Substance Abuse							
Alcohol/Drug Assessment	\$0	\$0	\$0	\$169	\$1,167	\$675	\$2,011
Community Support	\$0	\$0	\$0	\$2,692	\$1,035	\$0	\$3,727
Detox	\$0	\$0	\$0	\$0	\$0	\$0	\$0
Family Therapy	\$0	\$68	\$0	\$0	\$0	\$0	\$68
Group Therapy	\$725	\$177	\$0	\$0	\$45	\$1,202	\$2,149
Individual Therapy	\$59	\$0	\$118	\$0	\$59	\$3,682	\$3,919
Intensive Outpatient	\$0	\$0	\$0	\$414	\$2,044	\$0	\$2,459
Long-Term Residential	\$0	\$0	\$0	\$0	\$0	\$2,387	\$2,387
Short-Term Residential	\$332	\$0	\$0	\$19,769	\$9,965	\$0	\$30,067
Subtotal	\$1,117	\$245	\$118	\$23,044	\$14,316	\$7,946	\$46,786
Total	\$14,295	\$2,340	\$153,281	\$123,870	\$75,270	\$29,168	\$398,224

Nebraska Medicaid Expenditures for MRO Claims Paid March 2005 - November 2005 November Expenditures: \$351,438

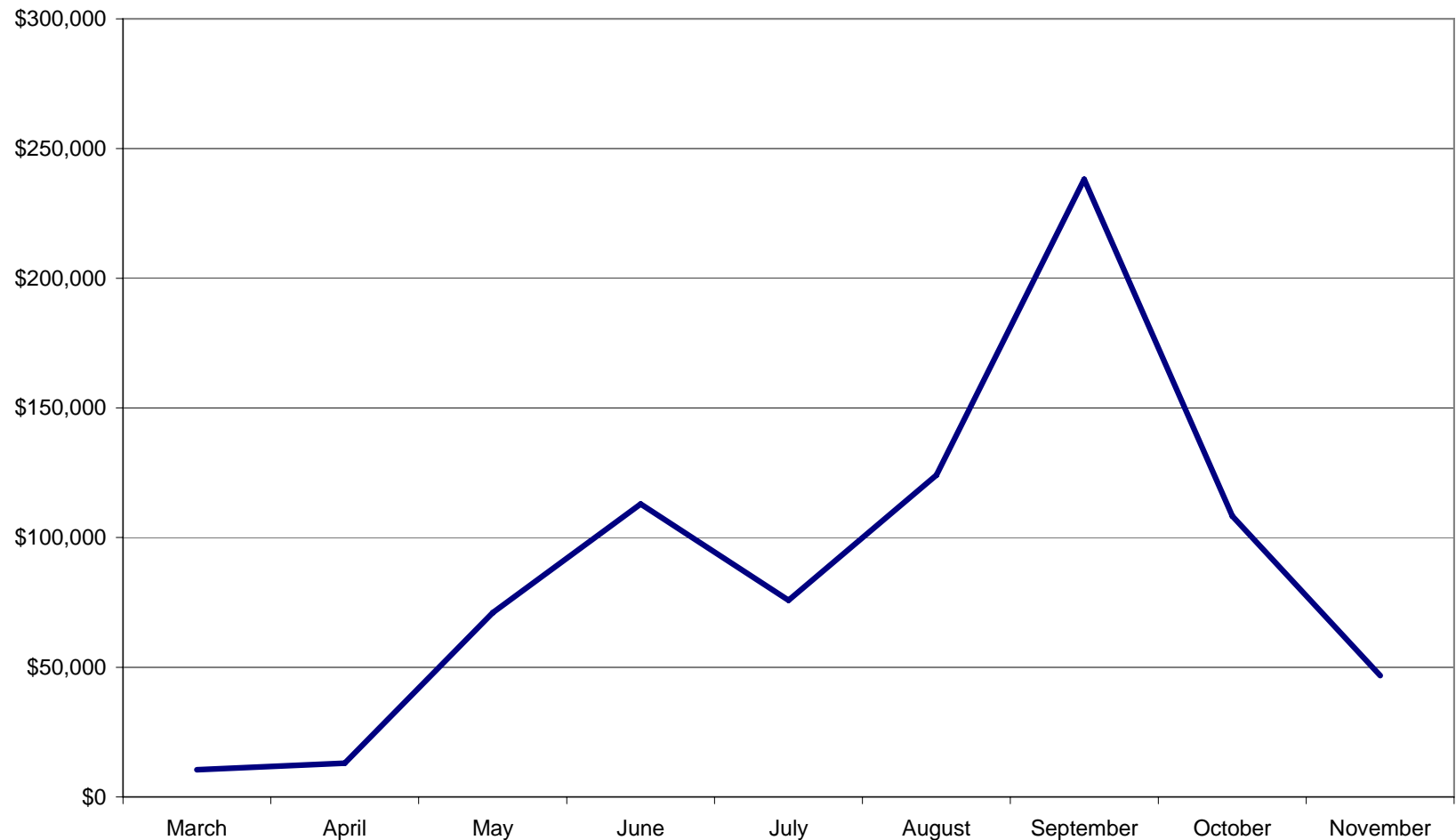


*September includes payments through October 3

Nebraska Medicaid Expenditures for Adult Substance Abuse

Claims Paid March 2005 - November 2005

November Expenditures: \$46,786



*September includes payments through October 3

December 9, 2005

HHSS Division of Behavioral Health Services

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